



## CARTF

SpringHill Suites, Boise

April 2, 2021

### MINUTES

**Joshua Wickard**- Public Defender (Chairman)  
**Michelle Weir**- DHW, Family & Children Services  
**Dina Flores-Brewer**-Children with Disabilities  
**Sheila Sturgeon Freitas, PhD**- Mental Health  
**Doug Giddings**-Idaho County Sheriff  
**Melissa Osen**- Foster Youth  
**James Curb** – Homeless Education Liaison  
**Jill Robertson**- Parent  
**Molly Vaughn**- Victim Services Coordinator

**Jennifer Tachell**- Educator (Vice-Chairman)  
**Susan Bradford, MD** – Pediatrician  
**Jennifer Bergin**- Child Advocate Attorney  
**Hon. Steve Clark**- Civil Magistrate Judge  
**Madison Miles**- Prosecuting Attorney  
**Tahna Barton** – CASA  
**Hon. Mark Rammell**- Criminal Magistrate Judge  
**Nadine McDonald** – Juvenile Justice  
**Alana Minton**- Administrator of the Courts

Mindy Peper – Task Force Support

#### ABSENT

Guests: Teresa Abbott, Idaho Suicide Prevention Program

#### Welcome

Wickard welcomes everyone.

CARTF reviews the March 2021 minutes. Robertson makes a motion to approve the minutes as is, Giddings seconds, all in favor and so moved.

#### Sub-Committee Updates

*Grants*- see Update on Grant Applications

*Conference*- see notes about SFTI Conference Debrief

*CFR Team*- no new update

*Publications*- no new update

#### Legislative Update

Weir, via email, reports that the extended foster care bill and the QRTP bill has passed the house and is now with the senate.

#### Update on Grant Applications

We received one grant with a \$3000 request. Task force will review and make an award decision at the May 2021 meeting.

#### Idaho Suicide Prevention Program, Teresa Abbott

Wickard welcomes Abbott. Abbott states that their program is structured quite a bit different than other health programs. They are part of the bureau of health but under a new department under DHW Division of Public Health. In 2018, the state recognized the need for a structured plan for suicide prevention. The goal is to reduce suicide by 20% (based on population ratios) by 2025.

Abbott covers the Idaho Suicide Prevention System graphic. The Idaho Council of Suicide Prevention is a liaison to the Governor's Office. They are governor appointed, monitor and report through an annual report, and they provide recommendations to the Suicide Prevention Program (SPP).

The SPP was deliberately put under the division of public health as it is recognized as being a public health issue. The SPP supports the ISPAC and KPA work teams. They pay for and support research and data gathering as well as invest in training such as QPR training which provides knowledge for risk factors, how to speak with people, how to refer them for help, and reducing the stigma of mental health concerns. They work to foster partnerships and collaboration as well as recruit people who are interested in suicide prevention to be part of the KPA (key performance areas) work teams. KPAs include zero suicide as well as advocacy and policy.

The council only meets once a year and is responsible for putting together the annual report format and then responsible to get it to the governor's office.

Giddings asks how does this work for the person who is at risk of suicide? Abbott states that a big piece of what they do is to invest in the training that supports those who are on the front lines- -such as crisis center intervention, first responders, health professionals. They also do some funding of other prevention organizations, such as the Idaho Suicide Prevention hotline, which is now able to be open 24/7 as well as include texting to the hotline due to the additional funding from the SPP.

The three pockets of SPP include prevention, intervention, and postvention. For example, they have a survivor's packet for those who are bereaving and those who are left behind in the wake of the successful suicide attempt.

Rammell reiterates that need for postvention which could help families decades later who still question what they could have done differently.

Wickard brings up the rural dilemma regarding suicide prevention. He mentions mobile units in rural areas. Maybe CACs can use their mobile units that are used for CARES interviews but also for suicide prevention, screening, advocacy for funding and statute changes, etc...

Wickard also asks how can CARTF help the SPP? How can we partner? Ideas include integrating the data from the CFR Team, further trainings, funding of mobile units, sharing training resources and community resources, and so on.

We would like to have Abbott back soon to further discuss and expand on the idea of partnership and collaboration with SPP.

Tachell asks Abbott if any of her connections present at conferences or in breakout sessions? Abbott states yes, the team she is working with is building areas of expertise to present at conferences. Another idea would be to have a student share at conference on their experience as one left in the wake of a suicide.

Osen shares that she appreciates the fact that there is some talk about changing the name of the suicide prevention hotline. She also adds anytime that she has called the line with a client, that they have been very helpful.

Bergin mentions in private practice she has dealt with this a lot more and she makes many referrals to Osen. She says that Osen has contracted with the high school which allows her to be in the high school and offer private counseling. This access has made it so easy for kids to do that during their school day and there hasn't been any stigma attached to it. It would be incredible to see this in every high school.

Tachell mentions that though it isn't the role of school counselors to be therapists, it is part of their role to identify and triage and then refer students out to counselors. Schools are finding that having counselors in school is helpful because often times transportation is a barrier to getting counseling.

Abbott says that having someone from CARTF to serve on the ISPAC would be a great resource. Likewise, she states she will give it some thought as to who a good speaker for an upcoming conference would be.

Wickard thanks Abbott for coming and sharing with CARTF.

### **SFTI Conference Debrief**

Task Force members share their thoughts on the collaboration with Idaho Children's Trust Fund and the March meeting. Peper will reach out to the child protection section of the Idaho bar to see what they thought about the conference and will ask if they would be interested in doing it again, regardless of whether we collaborate with SFTI or not? Would they want to have their own track?

### **NEW BUSINESS**

Tachell brings up the idea of re-configuring the meetings and when and how often and where we meet with virtual meetings in-between. CARTF discusses what these meetings might look like.

### **Next Meeting: May 7, 2021**

Possible Agenda Items:

- Guests- Legislative update- Miren Unsworth- confirmed at 9 a.m.
- ACTION ITEM: Nominations for Law Enforcement representative
- ACTION ITEM: Cycle One Grants- award decisions
- Review SFTI data/feedback/demographics

-Annual Report/ 3-Year Report/ Grant Budget  
-CFRT Annual Report- Tahna Barton

**Upcoming Meetings/ Agendas (May 2021 to April 2022)**

Plan future speakers- October  
Suicide Prevention Council- April 2021  
Three-year CARTF strategies- November/January/ February/March- a goal a month- Peper write report to review in April.  
Changes and ideas to publications and process- November  
Deb Alsaker-Burke- June  
Tabled grants and nominations  
Central intake- Jan  
YES- Feb  
Foster youth panel- not during COVID  
Citizen Review panel- October meeting, annual  
CASA  
Casey Program  
INCAC- attending September meeting  
Conference Update- Grossman or every other year  
Appointments and Executive Order Updates  
Approval of final CFRT annual report  
Upper Valley Child Advocacy Center- March  
May and November- grant app decisions  
May- CFRT Annual Report presentation  
June- ACTION ITEM: Bylaw Review and defining of roles; begin October conference discussion; reconsider and decide on new meeting format; Peper collect binders and clean-up  
*Budget and Legislative update*  
*Subcommittee updates (grants, conferences, publications, CFR Team)*

**Adjourn**