



CARTF

February 3, 2023

Hampton Inn Boise Spectrum/ ZOOM

MINUTES

Joshua Wickard- Public Defender (Chairman)
Michelle Weir- DHW, Family & Children Services
Ruth York-Children with Disabilities Representative
Sheila Sturgeon Freitas, PhD- Mental Health
Curtis Carper- Law Enforcement Representative
OPEN- Foster Youth
James Curb – Homeless Education Liaison
Jill Robertson– Parent
Susan Nalley– Victim Services Coordinator

Jennifer Tachell– Educator (Vice-Chairman)
Susan Bradford, MD – Pediatrician
Stacy Pittman- Child Advocate Attorney
Hon. Steve Clark- Civil Magistrate Judge
Madison Miles- Prosecuting Attorney
Tahna Barton – CASA
Hon. Mark Rammell- Criminal Magistrate Judge
Nadine McDonald – Juvenile Justice
Teresa Vance- Administrator of the Courts Representative

Mindy Peper – Task Force Support

Indicates **ABSENT**

Guests: Amanda Davison, Charlie Health

Welcome

Wickard welcomes everyone. CARTF reviews the January 2023 minutes. McDonald makes a motion to approve the minutes as is, Rammell seconds, all in favor and so moved.

Guest, Amanda Davison, Charlie Health

Welcome and introductions. Davison shares her personal story that brought her to working with Charlie Health. Intensive out-patient all virtual program. Very committed to eliminating all barriers to care. All therapy is trauma informed and includes family therapy if includes candidate under 18. Patients include referrals from LE, probation, inpatient care facilities, ER and social work teams, children in rural communities that have no resources, people on a waitlist waiting for care. Work closely with primary therapists to complement the work already being done. Each individual is assigned a case manager and care coordinator. Work closely with IJCD and IDHW. Team includes clinicians, care coaches, and experience coaches. Evidence-based practices include CBT, mindfulness, movement, yoga, attachment-based therapy, and more. These therapies are done virtually in the comfort of their home. Very outcomes based. Looking at where the candidates are a year after post-engagement. They have a 91% attendance rate, compared to 65% average attendance rate in a brick-and-mortar practice. Mostly work with teenagers. 95% of them say they are happy with their therapist. Only a 11% recidivism rate 3 months post-graduation from the program. Partners in Idaho include Haven, St. Joes, Cottonwood, IJC. They have a 24/7 crisis call in center. They accept every single insurance and can get candidates in within 24 to 48 hours, pending benefit verification. They also offer free care groups for people 18 years and older, to include care-giver group, athletes care group, etc.

McDonald asks what ages they work with. Primarily people ages 11 to 32 years. Also asks what hours sessions are available. They offer mornings and evenings to try to minimize missing school. They also provide a laptop to ensure access to care. McDonald asks about benefits and if there is gap care. They do offer financial scholarships and financial assistance. They also accept CBAS (Community Based Alternative Services) funds.

Vance notes that it seems Charlie Health has helped overcome waitlist, lack of therapists, rural access by offering virtual care.

Davison shares some resources with the group. She says they also have 90 different tracks running every month. Group sizes are 4 to 10 kids. They are not grouped with kids in same geographic area (town/city), everything is encrypted, don't share last names. Rolling numbers include about 1000 kids per year.

Clark asks if they integrate with the court systems by being available as an option and how they enter into court compliance. Davison says their case managers and care coordinators work closely with probation officers and the referral comes from them via recommended assessments. In other states, they do work with courts more closely.

Rammell asks if they are required to report to law enforcement if they see something in the home. Davison says absolutely they report.

Pittman asks how do they ensure clients aren't overwhelmed with the number of people who are communicating with them. Davison says that is where the case worker comes into play to make sure that they are working closely with other providers via an ROI.

If candidates struggle post-graduate and are struggling, they can be admitted back into the program for intensive care. Otherwise, they have an alumni program that is a resource.

Tachell asks about the 24–48-hour match and how they do that so quickly. It happens via their proprietary software that touches on 18-point match.

Davison says she is happy to meet further with any teams or groups throughout Idaho.

Davison will email contact information with Peper to share with CARTF.

Tachell notes that we would like Charlie Health to be a vendor at our June conference.

CARTF discusses their thoughts on the Charlie Health model and services. They discuss the pros and cons, where and when it would work best in various situations.

Budget Update

Peper reads budget update from Weir.

As of end of 2022, we have \$100,000 to be spent by 9/30/2023. We also have access to the next grant cycle of \$136,319 to be spent down by 9/30/2024.

Wickard asks what each monthly meeting costs. We will need to ask Weir for that information. Vance and McDonald note that we should use this year's funds to update publications this year. We also need to work on the reimbursement process and see if

there is a way to make it more efficient. Wickard states that the reimbursement process shouldn't be prohibitive to our task force members being able to attend the task force meeting in person. Let's add this to the agenda for next month.

April Meeting- Pocatello

Potential guests:

Bannock County MDT

Received a grant for a teen assessment center- Robertson will get contact- Judge, Matt Olsen

Bright Tomorrows CAC

Youth Behavioral Community Crisis Center- McDonald will get contact information.

Potential venues:

Robertson and Peper will work on venue.

Look into CARTF visiting/ touring the CAC in Pocatello or Bright Tomorrows.

Attending: Clark, Vance, Robertson, Pittman (?), Peper, Carper, Barton, Nalley, Wickard (?), Rammell.

CFR Team Update and Appointments, Barton

Barton says they are wrapping up the 2020 reviews that had been deferred during the year. These will be covered in February. Team is meeting every month through June. Barton is pushing to get the annual report distributed to the legislators while they are in session, via email, with an introduction letter.

Barton gives an overview of CFRT and the annual report for new member Susan Nalley.

Barton makes a motion to appointment and approve Ada County Coroner Richard Riff, replacing former coroner Dottie Owens, and Hannah Crumrine replacing Dr. Eric Studebaker from the Idaho State Department of Education to participate as members to CFRT. Tachell seconds, all in favor and so moved.

Vance invites CFRT to come and speak to the CP committee.

Subcommittee Updates:

Legislative- Vance discusses bills that are coming. H0007 regarding commercial drivers and trafficking, to disqualify a driver if convicted. Also watching H0020 regarding false reports and changing language to say it shall be a misdemeanor. H0026, a bill that expands mental telehealth and not needing Idaho certification to do so—will help with our shortage.

Barton says she heard IDHW may be in support of new rule change that says social workers would not need to be licensed in Idaho. Pittman mentions part of this may be

because of the shortage of licensed social workers in the bigger counties. This person would need to be under the supervision of a licensed social worker. Barton understands that it was as a result of a shortage on the licensed registry versus the number of job vacancies, wages paid, and cost of living in the state.

Grants- Peper updates that the grant cycle one 2023 is open and will close April 5th at 5 pm.

Publications- Tachell updates that the publication subcommittee will be meeting February 17th and will discuss the distribution of the red books as well as the new ideas for MDT training.

Conference- Tachell shares that the conference will be the week of June 12. Venue not set yet. Format will be a day and a half. Day one will start with a morning general session that will cover the players and roles of those in the court room for a CP case. Break for lunch where we will meet the exhibitors and share the CFRT annual report. In the afternoon we will have 6 tracks that will be repeated. Potentially, we will have a second half day where we will then hear from other roles, parents, children, and foster parents, to share their experiences, strengths, weaknesses, worst case scenario or successes. Second day would end before lunch and hopefully on a positive note. Also discussing an evening reception at the end of day 1 for networking.

Review 2022 Outcomes, Peper

Peper reviews Goals 1-4 from 2022 report. Note regarding Goal 2, Strategy A, need to change language that reflects we make recommendations to the governor and education for the legislators and other entities, if appropriate.

New Business

Howerton reached out to CARTF to discuss the possibility of being part of the Upper Valley MDT Orientation guide. CARTF feels this would be a good match and the publications subcommittee will take this up.

Vance reports that the MDT Survey is showing that most counties do not have an MDT and cite the reason for such is the lack of leadership and the lack of resources and guidance on how to be a successful and active MDT. This is certainly an area that CARTF can help with as it falls in line with our strategies. Clark says years ago a protocol resource came out that we may be able to use as another resource.

Pittman says another place to look is the Idaho Prosecuting Attorney Association for resources. Robertson will ask Bannock MDT if they will share their written protocol for the publications committee to review. Carper will work on getting Canyon County MDT written protocol. Each MDT needs a written protocol for the investigation of child abuse cases and a written protocol for interviewing alleged victims of abuse and neglect.

CARTF reviews the basics of an MDT. Often find that they are used to staff cases rather than to investigate instances of child abuse and neglect in their county. Carper mentions

it might be helpful to meet with coordinators. Barton mentions bringing all the coordinators to Boise on a scholarship to offer a training, and then record it and edit it into a virtual, online training. We could work with INCAC on creating the virtual training.

In the MDT start-up resources, we could include structure and suggestions for meeting topics, for example, in May, provide and discuss the CFR Team Annual Report.

McDonald shares that one of the new items in the juvenile corrections department is \$6.1 million to allow for the Lewiston facility to be renovated to allow part of the facility to be staff-secured and managed by IDHW. This will allow for residential treatment program for kids that are in the foster system but due to behavior issues are being rejected by other more traditional foster programs. Would like to invite Dir. Prow and the Lewiston director to the Lewiston regional meeting in September. Perhaps hold regional meetings at the JCC Lewiston.

Adjourn

Next meeting will be March 3, 2023. This will be a hybrid meeting.

- legal and judicial survey, Vance
- continue discussion on MDT resources and training, Publications Subcommittee
- Citizen Review Panel district representatives
- IDHW Rule Changes and CFS Plan presentation and update?
- Conference work and update
- Subcommittee updates (CFRT, legislative, publications, grants)